

### **Burnaby North Secondary School**

### 751 Hammarskjold Drive

### Burnaby, BC

### V5B 4A1, CANADA

### http://north.sd41.bc.ca

**ADMINISTRATORS**

Mr. Rawnsley – Principal

Mr. Martino – Vice Principal (A-J)

Ms. Carr – Vice-Principal (K-Z)

**COUNSELLORS**

(Organised by last name)

Mr. Hawkins (A to Di)

Ms. Lim (Do to J)

Ms. Cho (K to Man)

Mr. Clark (Mao to S)

Ms. Smith (T to Z)

**SAFE SCHOOL SPECIALIST**

Paul Sandhu

*Paul is the only staff member here at North that you can call by his first name and call/text if you need him!*

**SCHOOL LIASON OFFICER**

Constable Laura Hirst

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Excellence, Discovery, Service

**(Pamphlet Created by Your Mentorship Students!)**

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**French – Participate**

* Participate in oral activities and practice at home
* Look forward to future language choices – Spanish, Mandarin, Italian and Japanese (or continue with French!)

**Math - Practice makes perfect**

* Do not copy answers from the back of the textbook
* Always show your work. If a mistake is made, you’ll know where you went wrong

**P.E. - Get Active!**

* Participation counts more than skill
* Take initiative
* Bring your PE strip to every class – it counts for marks!

**Science –The fundamentals**

* Try to understand the concepts taught in class
* Ask questions for better understanding

**Social Studies – Communication**

* Always write clearly for notes and tests
* Doing extra on projects such as extra colouring or fancy lettering may boost your mark
* Brush up on your speaking skills since there will be many oral presentations

**English – Read, Read and READ**

* Read whenever you can
* Stay on top of homework
* Participate in class

# **Academic Survival Advice**

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Burnaby North Student Survival Guide

**Myth:** There is so much homework in high school that you’ll end up being locked in your room trying to finish it all!

***Fact:*** *Our homework load always depends on organization. Manage your time well and use class time effectively.*

**Myth:** Older grades always bully grade 8’s.

***Fact:*** *False. Older grades are willing to help younger students, especially your mentors! Just ask questions if you’re curious.*

**Myth:** Alpha students are North students’ enemies and they will do anything to destroy us.

***Fact:*** *This is true. Destroy our enemies at any cost. AT. ANY. COST. ☺*

**Myth:** Burnaby North is a big school and it’s really easy to get lost.

***Fact:*** *North really isn’t that big of a school and you will get used to it. Remember that all North buildings have 3 digit room numbers while South buildings have 1 and 2 digit room numbers.*

**LOCKERS**

* Don’t share your combination, except with your locker partner
* Keep the locker clean, neat and organized
* Respect your partner’s stuff
* You will be assigned locker partners, locks and combinations
* Don’t leave food inside your locker for long periods of time

**SOCIAL SURVIVAL**

* **GET INVOLVED!** There are over 50 clubs and sports teams at North! This is a great way to make new friends!
* Don’t be afraid to meet new people and make friends outside the people you came to North with. Making new friends doesn’t mean you have to give up your old ones.
* Appearance…it sounds silly…be clean, take regular showers at home and wear deodorant. If you are going to take it to the next level and wear perfume/cologne be sure it is subtle. More is not better!
* Wear clothes you feel confident and comfortable in. If you want to ramp up your style be sure that it follows the School Dress Code (this is in your planner!)
* Learn to accept others. Accept everyone for who they are and not just what you want them to be.

**SUPPLIES**

This year is different because you did not get a school supply list mailed to you! Don’t worry- here is a list of the main supplies required to get you through at least the first couple of weeks of school:

* 2 x 1.5 to 2.5 inch sturdy binders
* Lined paper
* Blue or black pens
* White-out
* Lead pencils
* A scientific calculator
* Backpack or school bag
* Planner – you will receive your planner in September after you pay the **students fees**

**GO CARD**

This is essential if you want to get into school dances, sign library books out, for SPC and get concession fares on the bus. If you ever lose your Go Card, don’t freak out! You can get it replaced at the office for $7. **ALWAYS KEEP YOUR GO CARD ON HAND…it’s your identification!**

**FEES**

The main fees to be paid during the school year include the Student Fee and the Annual Fee. Other fees may apply depending on the courses you take. Be sure to pay for you Annual/Yearbook before Christmas since prices goes up substantially after Winter break and quantity is limited.

## Myths & Legends

# Congratulations on becoming a Burnaby North Viking!

# We have prepared a general survival guide which will help you get started on a great and successful year! Work hard and you will get through your freshman year and start your path towards a big and bright future!