**Mentorship 11/12**

***Dare to Lead*: Risk and Vulnerability (Keeping it Real)**

**/30**

**Preamble**

The ideas of ‘risk’ and ‘vulnerability’ can be looked at in positive terms, although they are quite often viewed as negative. Today you will have time to read, think, and take notes on your learning, to further your understanding of how the ideas of risk, vulnerability, and courage are fundamental in positive, strength-based leadership and key to genuine relationships and tackling conflicts.

**Assessment**

As always, you will be assessed for depth of thought, clarity of explanation, and honesty in understanding.

**Assignment**

You will have one class to complete this assignment, so use your time wisely. Be thorough and neat in your notes (for Byrne’s poor eyes), and 100% honest, as no one will read this but you and your teacher, unless your health and safety is in question, or you choose to share.

Read *Dare to Lead*, from “A Note from Brené” to page 45 and answer the following in the spaces provided. Point form is only acceptable if your thoughts are still well-developed and clearly written.

As leaders, we need to share our vision with others. What ‘tricks’ does Brené have to overcome her nervousness in public speaking?

Recap your understanding of the following terms, as related to mentorship:

Risk:

Vulnerability:

Courage:

Positive, strength-based leadership:

What is mentorship? How does it differ from leadership? Write down your understanding of it here.

Explain the following quote in depth:

“You can’t get to courage without rumbling with vulnerability. Embrace the suck.”

What is this idea of ‘rumble’?

What does it mean to ‘get into the arena’?

Brown states there are 10 behaviors and cultural issues that get in the way of good leadership. Discuss your thoughts about them here.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

What are the three important aspects at ‘The Heart of Daring Leadership?” Discuss your thoughts about them here.

Brown states there are six myths of vulnerability. List them here and discuss your thoughts about them.

Here is a moment of ‘mirror honesty’ for you: are YOU in the arena? Always? Sometimes? Never? Discuss where you are in your leadership as it relates to your Mentorship year and how you feel about ‘getting into the arena.’